# WEST REGION CLASS A BOYS' & GIRLS' TRACK MEET Dickinson, ND Saturday, May 21, 2022

### **COACHES MEETING**

11:00AM (MT) in Blue Hawk Suite of BAC (TOP LEVEL)

## **ORDER OF FIELD EVENTS**

FIELD EVENTS	GIRLS	BOYS
1:00pm (MT)	Long Jump	High Jump
	Javelin	Discus
	Pole Vault	
2:30pm (MT)	High Jump#	Triple Jump#
	Discus	Shot Put
		Pole Vault (after girls)
4:00pm (MT)	Triple Jump#	Long Jump#
	Shot Put	Javelin

#The next round of jumping events will not begin until previous jumping event has concluded.

#### **ORDER OF RUNNING EVENTS**

(Boys will run first, followed by Girls)

# 2:30 p.m. (MT)

3200 M Relay

300 M Hurdles

100 M Dash

800 M Relay

1600 M Run

400 M Relay

400 M Dash

110 M Hurdles

100 M Hurdles

800 M Run

200 M Dash

3200 M Run

1600 M Relay

<sup>\*</sup> All track events are timed finals only - fastest heat first